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MCFTE-003

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY (MSCCFT)**

Term-End Examination

December, 2023

**MCFTE-003 : SUBSTANCE ABUSE COUNSELLING
AND FAMILY THERAPY**

Time : 2 Hours

Maximum Marks : 50

***Note** : Answer no. 1 is compulsory. Answer **three** questions in all. Question nos. 2 to 5 are to be answered in about **450** words each.*

1. Answer any **one** of the following questions in about **600** words each : 20

What are the principles behind Motivation Enhancement Therapy ? Discuss where MET can be used.

Or

Discuss substance abuse as a family problem with the help of an example.

2. Describe profile of a usual IDU patient. 15

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3. Discuss initiation and course of illness among women substance users in India. 15
4. How would you define tobacco dependence ? Explain 5 A's approach in behavioural counselling for tobacco cessation. 15
5. What is the difference between family therapy and family involved therapy ? Explain multidimensional family therapy with example. 15