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MCFT-007

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY (MSCCFT)**

Term-End Examination

December, 2023

**MCFT-007 : COUNSELLING AND FAMILY
THERAPY : APPLICATIONS AND INTERVENTIONS**

Time : 3 Hours

Maximum Marks : 100

Note : Answer any *five* questions in about
600 words each. All questions carry equal
marks.

1. Suppose a child, identified as very aggressive, has been brought to you for therapy. Analyse the implications of developmental abilities of the child and therapeutic method to be employed. 20
2. What is the significance of play therapy ? Discuss the use of play therapy with examples. 20

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3. How will you discriminate between marital conflict that can be resolved and that cannot be resolved ? Discuss. 20
4. What is considered to be a non-marital relationship ? Discuss *three* important issues in assessment of non-marital relationships. 20
5. Discuss the impact of HIV/AIDS on the person and the family members. 20
6. Describe the use of crisis counselling in dealing with a trauma with the help of an example. 20
7. What do you understand by harassment and abuse ? Describe different types of harassments you see occurring in your region. 20
8. How can the mental health problems in old age be addressed effectively ? Analyse, giving examples. 20
9. Discuss any *five* techniques of medical family therapy used with patients suffering from chronic illness. 20