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RPCE–105

**Ph. D. IN PSYCHOLOGY
(PHDPC)**

Term-End Examination

December, 2023

**RPCE-105 : APPROACHES AND TECHNIQUES IN
COUNSELLING PSYCHOLOGY**

Time : 3 Hours

Maximum Marks : 100

Note : (i) *Answer any **five** questions.*

(ii) *All questions carry equal marks.*

(iii) *Each question needs to be answered in
about **500** words.*

1. Describe and contrast the behavioural and cognitive approach to counselling. 20
2. Explain various types of counselling. 20
3. Critically discuss E-counselling. 20

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4. Explain psychological assessment in counselling. 20
5. Explain the meaning of multicultural counselling and discuss the related issues. 20
6. Elaborate the process of counselling with the help of a suitable example. 20
7. Explain the basic concepts and the therapeutic relationship in client-centered therapy. 20
8. Explain the basic counselling skills. 20