

No. of Printed Pages : 3

MPC-054

**POST GRADUATE DIPLOMA IN
MENTAL HEALTH (PGDMH)**

Term-End Examination

December, 2022

MPC-054 : SERVICES FOR THE MENTALLY ILL

Time : 3 Hours

Maximum Marks : 100

Note : *All Sections are compulsory.*

Section—A

Note : Answer any *two* of the following questions in
about **600** words each. 2×20=40

1. Explain the legal responsibility of mentally ill.
Discuss Narcotic Drugs and Psychotropic
Substances (NDPS) Act, 1985. 12+8

2. Discuss in detail psycho-social rehabilitation
and social skill training. 10+10

P. T. O.

3. Explain the ethics in psychotherapy and discuss the factors that influence the outcomes of psychotherapy. 10+10

Section—B

Note : Answer any *five* of the following questions in about **250** words each. 5×10=50

4. Elucidate the terms policies and planning. Discuss the challenges in field of mental health in India. 5+5
5. Explain the Persons with Disabilities Act, 1995.
6. Discuss the steps in counselling process and explain basic conditions of counselling. 5+5
7. Explain the principles and behavioural techniques of Cognitive Behaviour Therapy (CBT). 5+5
8. Discuss the concept and types of stress. Elucidate stress management. 5+5
9. Discuss activities that can be carried out to promote mental health.

[3]

Section—C

Note : Write short notes on any *two* of the following
in about **100** words each. $2 \times 5 = 10$

10. Mental Health Care Bill, 2011
11. Health Management Information System
12. Institutional care *versus* Community care