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MPC-051

**POST GRADUATE DIPLOMA IN
MENTAL HEALTH (PGDMH)**

Term-End Examination

December, 2022

MPC-051 : FUNDAMENTALS OF MENTAL HEALTH

Time : 3 Hours

Maximum Marks : 100

Note : *All Sections are compulsory.*

Section—A

Note : Attempt any **two** of the following questions
in about **600** words each. $2 \times 20 = 40$

1. Discuss the different views towards biological basis of mind. Describe the various findings of neuropsychology which explain the biological basis of mind. 10+10
2. Elaborate the theories and contributions of humanistic psychology. 20

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3. Discuss the meaning, aspects, modes, measurement and impact of conation. Describe the phases of conative style and pathological conditions of conation. 10+10

Section—B

Note : Attempt any **five** of the following questions in about **250** words each. 5×10=50

4. Discuss any *two* models of mental health as given by Vaillant (2003). 10
5. Explain the Adler's individual psychology. 10
6. Discuss the historical perspective of mental health with a focus on DSM-IV TR. 10
7. Elaborate upon the process of immigration and acculturation. 10
8. Explain the theory of attribution and its problems. 10
9. Discuss group processes with a focus on prejudice. 10

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Section—C

Note : Write short notes on any **two** of the following in about **100** words each : $2 \times 5 = 10$

10. Jung's Analytical Psychology. 5

11. Utilitarian concept of mental health. 5

12. Neuropsychology and its methods of assessment. 5