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MPCE-013

**MASTER OF ARTS (PSYCHOLOGY)
(MAPC)**

Term-End Examination

December, 2022

MPCE-013 : PSYCHOTHERAPEUTIC METHODS

Time : 2 Hours

Maximum Marks : 50

Note : *All Sections are compulsory.*

Section—A

Note : *Answer any **two** of the following questions in about **450** words each.*

1. Discuss the various techniques of cognitive behaviour therapy. 10
2. Explain the attachment based interventions. 10

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3. Describe the components of psychodynamic psychotherapy. 10
4. Discuss the goals and process of client-centered therapy. 10

Section—B

*Note : Answer any **four** of the following questions in about **250** words each.*

5. Define terminal illness. Describe the goals of therapy with dying persons. 3+3
6. Discuss therapies for specific problems in older adults. 6
7. Elucidate contingency contracting. 6
8. Describe psychotherapy for people in middle adulthood stage. 6

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9. Explain the concept and therapeutic principles of group psychotherapy. 6

Section—C

*Note : Write short notes on any **two** of the following in about **100** words each.*

10. ABC model 3
11. Psychosexual stages of development 3
12. Transference and counter-transference 3