

**MASTER OF SCIENCE IN COUNSELLING
AND FAMILY THERAPY (MSCCFT)**

Term-End Examination

December, 2022

**MCFT-007 : COUNSELLING AND FAMILY THERAPY :
APPLICATIONS AND INTERVENTIONS**

Time : 3 hours

Maximum Marks : 100

Note : Answer any **five** questions. All questions carry equal marks. Answer 20 marks questions in 600 – 800 words.

1. Explain issues, concerns and conditions in which counselling and family therapy is useful. Give examples to substantiate your answer. 20

2. Why is it important that counselling and therapy provided in case of emotional and behavioural problems in children and adolescents, be family-based ? Discuss family-based interventions in detail. 20

3. Discuss the 'coming out' process and its effects on the family. Discuss the role of counsellor/family therapist in it. 20

4. How does joint family influence the personal domain of individual members ? Discuss the problems faced by family therapist/counsellor in dealing with issues related to joint family. 20
5. Explain family systems-illness model. Describe family's adaptation to illness. 20
6. What are the components of counsellor's intervention for patients with HIV/AIDS ? Discuss unique family counselling issues for HIV/AIDS. 20
7. Discuss socio-psychological perspectives on gender differences in mental health. Why is there a need to address gender bias in the society ? Explain with examples. 20
8. How can the mental health problems in old age be addressed effectively ? Analyse, giving examples. 20
9. Write short notes on any **four** of the following in about 150 – 200 words each : 4×5=20
 - (a) Panchakosha Theory
 - (b) Parentified Child
 - (c) Psycho-education
 - (d) Adjusting to Single Life
 - (e) Marital Conflict
 - (f) Autism