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MCFT-002

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY/POST GRADUATE
DIPLOMA IN COUNSELLING AND
FAMILY THERAPY
(MSCCFT/PGDCFT)**

Term-End Examination

December, 2022

MCFT-002 : MENTAL HEALTH AND DISORDERS

Time : 3 Hours

Maximum Marks : 100

Note : Attempt any *five* questions in **600-800** words
each.

1. How would you classify stress ? Explain the effects of stress on physical and mental health. Give examples to support your answer. 20

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2. Outline any *three* common skin diseases. Describe the psychiatric disorders which are associated with skin diseases. 20
3. Discuss the treatment modalities for depressive disorders. 20
4. Enumerate the various types of substance drugs available and describe the profile of substance users in our country. 20
5. Analyse the causes of neurotic disorders from any *four* theoretical perspectives. 20
6. Explain 'grief'. Discuss the socio-cultural correlates of grief and grief therapy. 20
7. Describe interventions that are beneficial for persons with visual impairment. 20
8. Discuss problems faced by persons with locomotor disability. How can locomotor disability be prevented ? 20

[3]

9. Write short notes on any *four* of the following in about **150-200** words each : $4 \times 5 = 20$

- (i) Utility of diagnosis and classification
- (ii) Scheme for manpower development in mental health
- (iii) Validation therapy
- (iv) Causes of psychosis
- (v) Paranoid personality disorder
- (vi) Architectural barriers

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