

**BACHELOR OF ARTS (GENERAL) (BAG)
(ENGLISH)**

Term-End Examination

December, 2022

BEGE-145 : SOFT SKILLS

Time : 3 hours

Maximum Marks : 100

Note : *Attempt all questions in about 350 words each.
All questions carry equal marks.*

1. Define Soft Skills. Discuss the most valued soft skills. 20

OR

What do you understand by the term Personality ?
Discuss the major factors which determine personality. 20

2. Discuss the various types and strategies for developing adaptability skills. 20

OR

Write short notes on any **two** of the following : 2×10=20

- (i) Collaboration and Cooperation
(ii) Para Language
(iii) Sign Language

3. Discuss the definition and principles of coordination. 20

OR

Why is self-reflection important ? Discuss its major benefits. 20

4. Why is learnability so crucial and what are the factors blocking it in our life ? 20

OR

Discuss the Seven Cs of effective communication. 20

5. Elaborate the significance of critical thinking. 20

OR

Discuss the major ways to boost mental health. 20

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