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**BNS-108**

**POST BASIC B. Sc. (NURSING)**

**[B. SC. (N) (PB)]**

**Term-End Examination**

**December, 2021**

**BNS-108 : MENTAL HEALTH NURSING**

*Time : 3 Hours*

*Maximum Marks : 70*

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**Note :** *Attempt all questions.*

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1. Discuss the principles of psychiatric nursing. 15
2. (a) Define mania. 2  
(b) List down the signs and symptoms of mania. 5  
(c) Discuss the nursing management of a patient with mania. 8
3. (a) List the characteristics of anxiety. 5  
(b) Explain the levels of anxiety and their manifestations. 10
4. (a) List the goals of psychotherapy. 2

- (b) Describe the types of behavioural psychotherapy with examples. 8

5. Write short notes on any **three** of the following :

3×5=15

- (a) Types of personality
- (b) Dementia and its types
- (c) Classification of mental retardation
- (d) Nursing intervention of a patient who has attempted suicide

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**P. T. O.**