

**MASTER OF SCIENCE IN COUNSELLING
AND FAMILY THERAPY**

Term-End Examination

December, 2021

**MCFTE-003 : SUBSTANCE ABUSE COUNSELLING
AND FAMILY THERAPY**

Time : 2 hours

Maximum Marks : 50

Note :

- (i) Question no. 1 is **compulsory**.
- (ii) Answer any **two** questions from Questions no. 2 to 5 in about 500 words each.
- (iii) Answer **three** questions in all.

1. Write short notes on any **four** of the following in about 150 words each : 4×5=20

- (a) Injecting Drug Use and HIV
- (b) Treatment of Drug-Using Offenders
- (c) Principles of Motivation Enhancement Therapy
- (d) Tobacco Dependence
- (e) Goals of Family Therapy in Case of Substance Use
- (f) Dealing with Stigma

2. Discuss family issues in substance abuse. Give examples to substantiate your answer. *15*

 3. With reference to our country, describe common ways of taking drugs and their characteristics. How can outreach services help in tackling the problem of substance abuse ? *15*

 4. With the help of examples, analyse treatment approaches to substance dependence in women. *15*

 5. Explain the 5 A's approach in behavioural counselling for tobacco cessation. *15*
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