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MCFT-007

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY (MSCCFT)
Term-End Examination**

Dec., 2021

**MCFT-007 : COUNSELLING AND FAMILY
THERAPY : APPLICATIONS AND INTERVENTIONS**

Time : 3 Hours

Maximum Marks : 100

Note : Attempt any **five** questions in about **600** words each. All questions carry equal marks.

1. With the help of examples, discuss family based interventions that are helpful in the case of behavioural problems in children. 20
2. Describe the clinical features and management of cerebral palsy. What supportive role can you play as a counsellor and family therapist ? 20

3. Discuss issues in assessment of cohabitation relationship, with particular reference to our country. 20
4. Analyse the circumstances that pose difficulty for a family therapist in the context of a joint family. Give examples to support your answer. 20
5. Explain, giving examples, the various components of counsellor intervention in the context of HIV/AIDS. 20
6. With the help of examples, discuss problems faced by families having a family member with substance abuse. 20
7. Outline the benefits of Yoga for healthy life. How can Yoga be integrated in counselling and family therapy ? 20
8. What is trauma ? Discuss the ways in which parents/caregivers can provide psychosocial support to children and adolescent survivors of a natural disaster. 20

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9. Write short notes on any *four* of the following
in about **150** words each : $4 \times 5 = 20$

- (i) Assessment of school difficulties
- (ii) Coming out
- (iii) Caregiver burden
- (iv) Brief intervention in substance use
- (v) Gender based violence
- (vi) Physical aspects of ageing