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MCFT-006

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY (MSCCFT)**

Term-End Examination

Dec., 2021

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 Hours

Maximum Marks : 100

Note : Attempt any **five** questions in about **600** words each. All questions carry equal marks.

1. Explain the concept and components of “Developmental Niche”. What, in your view, are the strengths of this framework with regard to explaining human development and behaviour ? Discuss with the help of examples.

20

2. Analyse, giving examples, basic motives underlying prosocial behaviour. 20
3. Discuss Indian perspectives on “self”. Give examples to support your answer. 20
4. Describe the factors that affect well-being. Explain how the various cognitive restructuring techniques can be used to promote well-being. 20
5. Suppose you have been asked to address a group of parents. Describe what you will tell them about the need and strategies for more effective communication in the family. 20
6. Discuss, giving examples, the ways in which work-life can impact the family-life. 20
7. Explain interpersonal dimensions of sexuality. What are your views regarding changing societal attitude towards sexuality ? 20

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8. Explain the meanings of 'Separation', 'Desertion', and 'Divorce'. Analyse the factors influencing separation and divorce. 20
9. Write short notes on any *four* of the following in about **150** words each : 5×4=20
- (i) Defense mechanisms (any *two*)
 - (ii) Social perception
 - (iii) Mental imagery
 - (iv) Approach-avoidance conflict
 - (v) Cohabitation
 - (vi) Functions of emotions