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**MPC-053**

**POST GRADUATE DIPLOMA IN  
MENTAL HEALTH (PGDMH)**

**Term-End Examination**

**December, 2021**

**MPC-053 : MENTAL HEALTH IN SPECIAL AREAS**

*Time : 3 Hours*

*Maximum Marks : 100*

*Note : All Sections are compulsory.*

**Section—A**

**Note :** Answer any *two* of the following questions in about **600** words each.  $2 \times 20 = 40$

1. Explain the status of mental health in women. Describe the various ways for promoting women's mental health. 5+15
2. Discuss the mental health problems in the work- place. 20

3. Explain bullying as a behaviour problem and discuss the role of teachers, parents and family in preventing bullying. 5+15

**Section—B**

**Note :** Answer any *five* of the following questions in about **250** words each.  $5 \times 10 = 50$

4. Describe the tests used for assessment of intelligence. 10
5. Describe the 'Tic Disorders' of infancy or early childhood. 10
6. Explain the main factors contributing to increasing work related mental health problems. 10
7. Describe the behavioural techniques used for management of sexual dysfunction. 10
8. Discuss the concept and methods of behavioural assessments. 4+6

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9. Describe the intervention measures for mathematical disability. 10

**Section—C**

**Note :** Write short notes on any *two* of the following in about **100** words each. 2×5=10

10. Anxiety disorders in children 5
11. Motivational enhancement therapy 5
12. Relapse prevention 5