

MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

December, 2021

**MPCE-022 : ASSESSMENT IN COUNSELLING
AND GUIDANCE**

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION A

*Answer any **two** of the following questions in about
450 words each :*

2×10=20

1. Define psychological test and differentiate between psychological testing and psychological assessment. 4+6
2. Define counselling. Describe the initial counselling skills. 3+7
3. Explain narrative therapy. Describe the technique of narrative therapy. 3+7
4. What is the purpose of evaluation ? Explain the Accountability Bridge Model of evaluation. 2+8

SECTION B

Answer any **four** of the following questions in about
250 words each :

4×6=24

5. Explain the process of decision-making in career planning. 6
6. Describe the basic assumptions of Aaron Beck. 6
7. Explain the important components of Rogers' theory of Personality. 6
8. Describe the process in group counselling. 6
9. Discuss the basic issues involved in case history interview. 6

SECTION C

*Write short notes on any **two** of the following questions in about 100 words each :* $2 \times 3 = 6$

- | | |
|--|----------|
| 10. Self-concept and Ideal Self | 3 |
| 11. Counselling vs. Psychotherapy | 3 |
| 12. Systematic Desensitization | 3 |
-