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BPCE-017

BACHELOR'S DEGREE PROGRAMME

(BDP)

(B. A. PSYCHOLOGY)

Term-End Examination

December, 2021

BPCE-017 : COUNSELLING PSYCHOLOGY

Time : 2 Hours

Maximum Marks : 50

Note : All Sections are compulsory. Marks are shown against each questions.

Section—A

Note : Answer any *two* of the following questions in about **450** words each.

1. Describe the characteristics of an effective therapeutic relationship. 10
2. Explain the cognitive approach to counselling. 10

3. Discuss the major techniques used in family counselling. 10
4. Discuss the main approaches to couple counselling. 10

Section—B

Note : Answer any *four* of the following questions in about **250** words each.

5. Describe the verbal and non-verbal communication skills required in counselling. 3 + 3
6. Explain transference and countertransference in counselling. 6
7. Discuss the role of a counsellor after a traumatic event in school. 6
8. Explain individual counselling process for children witnessing domestic violence. 6
9. Discuss the ethical responsibilities and obligations of a counsellor. 6

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Section—C

Note : Write short notes on any *two* of the following
in about **100** words each. 3 each

10. Preparation for Counselling

11. Methods of Counselling Adolescents

12. Educational Counselling