

**MASTER OF SCIENCE IN COUNSELLING  
AND FAMILY THERAPY**

**Term-End Examination**

**December, 2021**

**MCFTE-001 : MARITAL AND FAMILY THERAPY  
AND COUNSELLING**

*Time : 2 hours*

*Maximum Marks : 50*

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**Note :**

- (i) *Question no. 1 is **compulsory**.*
  - (ii) *Answer any **two** questions from Q. nos. 2 to 5 in about 500 words each.*
  - (iii) *Answer **three** questions in all.*
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**1.** Write short notes on any **four** of the following in about 150 words each : *4×5=20*

- (a) Need for sensitivity in interviewing
- (b) Stopping clients from talking during therapy
- (c) Psychological factors that contribute to sexual dysfunctions
- (d) Evocative responding
- (e) Common areas of marital enrichment
- (f) Precautions to be taken in sex therapy

2. Why is it important for you, as a counsellor/family therapist, to give all family members an equal opportunity to speak ? What are the common difficulties encountered in this regard ? Support your answer with suitable examples. *15*
  
  3. Giving examples, describe how the various behavioural skills (at least six) are essential for family assessment. *15*
  
  4. Describe the strategies that you, as a therapist, are likely to use to facilitate restructuring of couple interactions. *15*
  
  5. What is a self-report scale ? Discuss the advantages and disadvantages of self-report scales. *15*
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