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## MCFT-002

**MASTER OF SCIENCE IN  
COUNSELLING AND FAMILY  
THERAPY/POST GRADUATE  
DIPLOMA IN COUNSELLING AND  
FAMILY THERAPY  
(MSCCFT/PGDCFT)  
Term-End Examination**

**December, 2021**

### MCFT-002 : MENTAL HEALTH AND DISORDERS

*Time : 3 Hours*

*Maximum Marks : 100*

*Note : Attempt any **five** questions in about  
600 words each. All questions carry equal  
marks.*

1. What are the various common features based on which the persons having visual impairment can be identified ? Discuss the assessment tool used to measure visual functioning ? 20

2. What is psychosocial rehabilitation ? State the goals and the guiding principles of psychosocial rehabilitation. 20
3. What are the risk factors that are associated with somatoform disorders ? Support your answer with relevant examples. 20
4. Distinguish between grief and depression. Discuss socio-cultural correlates of grief and its interventions. 20
5. How will you identify mania ? With the help of a case vignette discuss the symptoms of manic episode. 20
6. Discuss reasons for poor compliance to treatment in persons with schizophrenia. 20
7. What do you understand by the term 'stress' ? Describe any *two* theories of stress. Differentiate between eustress and distress. 20
8. Discuss psychiatric disorder symptoms commonly associated with cancer patients. 20

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9. Write short notes (in about **150** words each) on any **four** of the following :  $4 \times 5 = 20$

- (a) Defence mechanisms
- (b) Epilepsy
- (c) Obsessions
- (d) Avoidant personality disorder
- (e) Normality