

MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

February, 2021

MPCE-021 : COUNSELLING PSYCHOLOGY

Time : 2 hours

Maximum Marks : 50

Note : *All sections are compulsory.*

SECTION A

*Answer any **two** of the following questions in about 450 words each :*

2×10=20

1. Describe the steps in art therapy and explain the techniques in it. 5+5
2. Explain the causes and treatment of eating disorder. 6+4
3. Explain the goals of psychoanalysis. Describe the basic techniques of psychoanalytic therapy. 2+8
4. Explain the aims of HIV/AIDS counselling. Discuss the importance of counselling the partner and the family. 5+5

SECTION B

Answer any **four** of the following questions in about 250 words each :

4×6=24

5. Explain the basic assumptions of solution-focused therapy. 6
6. Explain the treatment techniques based on operant conditioning procedures. 6
7. Describe reality therapy in terms of its goals, techniques and role of the counsellor. 6
8. Explain termination and its importance in the process of counselling. 6
9. Describe avoidant personality disorder. 6

SECTION C

*Write short notes on any **two** of the following in about 100 words each :*

2×3=6

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|---------------------------------------|---|
| 10. Systematic Desensitisation | 3 |
| 11. SOLER | 3 |
| 12. Antisocial Personality | 3 |
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