

BACHELOR'S DEGREE PROGRAMME (BDP)
(B.A. PSYCHOLOGY)

Term-End Examination

February, 2021

**BPCE-017 : INTRODUCTION TO COUNSELLING
PSYCHOLOGY**

Time : 2 hours

Maximum Marks : 50

Note : *All sections are **compulsory**. Marks are shown against each section.*

SECTION A

Note : *Answer any **two** of the following questions in about 450 words each :* *2×10=20*

1. Discuss in detail the Behaviour Theory of Counselling. 10
2. Describe the skills of counselling and delineate the characteristics of an effective counsellor. 6+4
3. Describe the goals of family counselling. Discuss the theoretical antecedents of family counselling. 2+8
4. Discuss in detail the process of couples counselling. 10

SECTION B

Note : Answer any **four** of the following questions in about 250 words each : 4×6=24

5. Discuss the ethical responsibilities and obligations in counselling. 6
6. Explain the core conditions of counselling as given by Rogers. 6
7. Describe the psychosexual stages of development as explained by Freud. 6
8. Explain the ways of counselling of adolescents. 6
9. Discuss counselling of students who are witnessing domestic violence. 6

SECTION C

Note : Write short notes on any **two** of the following
in about 100 words each : 2×3=6

- | | |
|--|---|
| 10. Guidance and Counselling in the Indian Context | 3 |
| 11. Systematic Desensitization | 3 |
| 12. Free Association | 3 |
-