

**POST GRADUATE DIPLOMA IN  
GERIATRIC MEDICINE (PGDGM)**

**Term-End Examination**

**February, 2021**

**MME-004 : BASIC GERIATRICS**

*Time : 3 hours*

*Maximum Marks : 70*

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**Note :** *All questions are compulsory.*

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1. Describe the biological changes in the elderly in  
300 – 350 words. 15
  
2. Discuss the determinants of active and graceful  
aging in 300 – 350 words. 15
  
3. Write briefly about health risks in old age and  
their management in 300 – 350 words. 15

4. Write short notes on the following in 250 words each :

*5×5=25*

- (a) Psychological issues in old age
  - (b) Value of antioxidants in food
  - (c) Prevention of accidents at home in elderly
  - (d) Options for caring of elderly
  - (e) Economic security for elderly
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