

**CERTIFICATE COURSE IN GERIATRIC CARE  
ASSISTANCE (CGCA)**

**Term-End Examination**

**February, 2021**

**BHT-006 : FOUNDATION OF GERIATRICS CARE  
ASSISTANCE**

*Time : 3 hours*

*Maximum Marks : 70*

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**Note :** *All questions are **compulsory**.*

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**SECTION A**

*Answer any **one** of the following questions (within 1200 words)*

1. Describe a balanced diet. Explain general precautions while assisting the elderly in feeding. 10
2. Describe how falls can be prevented in elderly by good house keeping. 10

## SECTION B

Write notes on any **ten** of the following questions (within 600 words each) : 10×6=60

3. Job functions of a Geriatric Care Assistant. 6
  4. Basic principles for effective communication with patient. 6
  5. Key areas of the National Policy for Senior Citizens. 6
  6. Prevention of pressure sores in elderly. 6
  7. Eight rights for administration of medicines to an elderly person. 6
  8. Steps in helping an elderly use a bed-pan. 6
  9. Steps in Sitz bath procedure. 6
  10. Steps in moving an elderly person from bed to stretcher. 6
  11. Care of elderly with constipation. 6
  12. Precautions when the patient is on Ryle tube feeding. 6
  13. Care of patient with urinary catheter. 6
  14. Steps in hand washing procedure. 6
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