

**CERTIFICATE IN COMMUNITY HEALTH FOR
NURSES (BPCCHN)**

Term-End Examination

February, 2021

**BNS-042 : PRIMARY HEALTH CARE IN COMMON
CONDITIONS**

Time : 3 hours

Maximum Marks : 70

1. The major complication of Cholera is

- | | |
|-----------------|------------------|
| (1) Dehydration | (2) Constipation |
| (3) Fever | (4) Hemoptysis |

2. Chronic hepatitis results from

- | | |
|-----------------|-----------------|
| (1) Hepatitis A | (2) Hepatitis E |
| (3) Hepatitis D | (4) Hepatitis C |

3. About 90% of Upper Respiratory Tract infections are caused by

- | | |
|------------|--------------|
| (1) Fungus | (2) Bacteria |
| (3) Virus | (4) Protozoa |

4. Typical characteristics of sinusitis are all *except*

- | | |
|----------------------|---------------|
| (1) Blocked nose | (2) Cough |
| (3) Fullness in ears | (4) Skin rash |

5. Exact cause of Aplastic anemia is said to be related to
- (1) Urinary system
 - (2) Respiratory system
 - (3) Immune system
 - (4) Cardiac system
6. Antibiotic used as first line drug of cystitis is
- (1) Cotrimoxazole
 - (2) Nitrofurantoin
 - (3) Fluoroquinolones
 - (4) Penicillins
7. "Pink eye" is related to disease of
- | | |
|-----------------|------------|
| (1) Conjunctiva | (2) Cornea |
| (3) Retina | (4) Sclera |
8. "SAFE strategy" developed by World Health Organization is for treatment of
- | | |
|------------------|---------------|
| (1) Otitis Media | (2) Ebola |
| (3) Trachoma | (4) Epistaxis |
9. Febrile seizures most frequently occur in children of ages
- (1) Below 6 months
 - (2) Above 6 years
 - (3) Below 6 years
 - (4) Above 10 years
10. Rest, Ice, Compress and Elevate (RICE) is commonly utilized for first aid of
- | | |
|-------------|------------------|
| (1) Sprains | (2) Burns |
| (3) Stings | (4) Animal Bites |
11. All of the following are climatological hazards *except*
- (1) Extreme temperatures
 - (2) Droughts
 - (3) Wildfires
 - (4) Pandemics

12. A Global disaster is the one which affects
- (1) Local community
 - (2) Region of a country
 - (3) Entire nation
 - (4) Entire planet
13. The component which is not covered in RMNCH+A approach is
- (1) Reproductive health
 - (2) Geriatric health
 - (3) Newborn health
 - (4) Child health
14. Adolescent health clinic is held at PHC on
- | | |
|-------------------|--------------------|
| (1) Weekly basis | (2) Daily basis |
| (3) Monthly basis | (4) Optional basis |
15. Yellow colour-code on dashboard of Health Management Information System (HMIS) indicates
- (1) Poor performing states
 - (2) Promising states
 - (3) Good performing states
 - (4) Very poor performance
16. 2nd Antenatal visit must occur at
- | | |
|-------------------|-------------------|
| (1) 12 weeks | (2) 14 – 26 weeks |
| (3) 28 – 36 weeks | (4) 36 weeks |
17. A pregnant woman with anemia needs to take at least following number of tablets of IFA (Iron and Folic Acid) during pregnancy :
- | | |
|---------|---------|
| (1) 100 | (2) 150 |
| (3) 200 | (4) 250 |
18. Simple carbohydrates include all *except*
- | | |
|------------|------------|
| (1) Sweets | (2) Cakes |
| (3) Pizza | (4) Fruits |

- 19.** All are true about Levothyroxine Sodium *except*
- (1) Drug of choice for Hypothyroidism
 - (2) Must be taken orally
 - (3) Should be taken in the morning
 - (4) Patient must eat immediately after taking medicine
- 20.** Duration of Fourth stage of labour is
- (1) 2 hours
 - (2) 1 hour
 - (3) 3 hours
 - (4) 4 hours
- 21.** Relationship of long axis of fetus to long axis of uterus is called
- (1) Lie
 - (2) Attitude
 - (3) Presentation
 - (4) Position
- 22.** Hypertension with Proteinuria and convulsions is related to
- (1) Eclampsia
 - (2) Pre-eclampsia
 - (3) Chronic Hypertension
 - (4) Fits
- 23.** GATHER technique is used to organize the elements in which one of these processes ?
- (1) Supervision
 - (2) Tutoring
 - (3) Discussion
 - (4) Counselling
- 24.** Major cause of shock in Obstetrics is
- (1) Hyperthermia
 - (2) Placental Problems
 - (3) Injuries
 - (4) Drugs
- 25.** Dysmenorrhea due to medical causes is termed as
- (1) Primary
 - (2) Secondary
 - (3) Tertiary
 - (4) Primordial
- 26.** Brain Chemical said to be associated with Premenstrual Syndrome (PMS) is
- (1) Serotonin
 - (2) Acetylcholine
 - (3) Dopamine
 - (4) Epinephrine

- 27.** Billings Method or Cervical Mucus method for fertility is based on
- (1) Temperature
 - (2) Calendar
 - (3) Amenorrhoea
 - (4) Vaginal Discharge
- 28.** Depot Medroxy Progesterone Acetate (DMPA), an injectable contraceptive must be injected at least every
- (1) two months
 - (2) four months
 - (3) five months
 - (4) three months
- 29.** The form filled to record monthly statement of all MTPs (Medical Termination of Pregnancy) done is
- (1) Form C
 - (2) Form I
 - (3) Form II
 - (4) Form III
- 30.** All of the following are complications of Teenage Pregnancy *except* :
- (1) Delayed Education
 - (2) Emotional Crisis
 - (3) Exhaustion
 - (4) Financial Stability
- 31.** “HEADS” assessment helps to discuss issues with
- (1) An adult
 - (2) A child
 - (3) An old man
 - (4) An adolescent
- 32.** Shigella is responsible for causing
- (1) Bacillary Dysentery
 - (2) Amoebic Dysentery
 - (3) Fungal Dysentery
 - (4) Cholera
- 33.** Most common type of Arrhythmia is
- (1) Atrial Fibrillation
 - (2) Tachycardia
 - (3) Ventricular Fibrillation
 - (4) Dysrhythmia

- 34.** Labour Pains lasting longer than 24 hours is termed as
- (1) Obstructed Labour
 - (2) Prolonged Labour
 - (3) Retained Placenta
 - (4) Normal Labour
- 35.** All are features of Counselling *except*
- (1) Face-to-Face
 - (2) Two-way
 - (3) Judgemental
 - (4) Patiently listening
- 36.** Japanese Encephalitis vaccine is administered by
- (1) Sub-cutaneous route
 - (2) Intra-muscular route
 - (3) Intradermal route
 - (4) Oral route
- 37.** Which category of diuretics does Mannitol belong to ?
- (1) Loop
 - (2) Thiazide
 - (3) Potassium-Sparing
 - (4) Osmotic
- 38.** An “essential trace element” is
- (1) Folic acid
 - (2) Zinc
 - (3) Iron
 - (4) Calcium
- 39.** Bronchodilators which are best for treating sudden asthma symptoms are all *except*
- (1) Short-acting
 - (2) Quick-acting
 - (3) Long-acting
 - (4) Rescue
- 40.** Emergency Contraceptive has one of the following :
- (1) Progestin
 - (2) Estrogen
 - (3) Levonorgestrel
 - (4) Centchroman

41. Possible care during Ethambutol treatment is related to
- (1) Eye-sight
 - (2) Liver function
 - (3) Urine
 - (4) Mouth ulcers
42. Pseudoephedrine is an active ingredient in most
- (1) Expectorants
 - (2) Mucolytics
 - (3) Nasal decongestants
 - (4) Anaesthetics
43. Pyrantel is a drug of choice in all the following *except*
- (1) Whip worm
 - (2) Round worm
 - (3) Pin worm
 - (4) Hook worm
44. Safest laxatives which can be used for long term are
- (1) Stimulants
 - (2) Bulk forming
 - (3) Purgatives
 - (4) Stool Softeners
45. Regular Insulin is an example of which type of Insulin ?
- (1) Regular-Acting
 - (2) Short-Acting
 - (3) Intermediate-Acting
 - (4) Long-Acting
46. Drugs which calm the patient without inducing sleep are called
- (1) Sedatives
 - (2) Antiepileptics
 - (3) Anesthetics
 - (4) Analgesics
47. Fracture of lower rib cage can cause injury to the internal organ of
- (1) Colon
 - (2) Heart
 - (3) Liver
 - (4) Thyroid
48. At what day should the sutures applied to the face be removed ?
- (1) Day 2
 - (2) Day 4
 - (3) Day 7
 - (4) Day 10

- 49.** Rabies immunization is recommended for one of the following categories of contacts with rabid animals :
- (1) Category 0
 - (2) Category I
 - (3) Category II
 - (4) Category III
- 50.** Stridor is sound during noisy breathing produced commonly during
- (1) Inspiration
 - (2) Expiration
 - (3) Aspiration
 - (4) Respiration
- 51.** A swelling formed due to cluster of blood vessels is called
- (1) Lipoma
 - (2) Ganglion
 - (3) Tumor
 - (4) Haemangioma
- 52.** Ulcers called chancre arise due to one of the following diseases :
- (1) Gonococcal
 - (2) Donovanosis
 - (3) Syphilis
 - (4) Herpes
- 53.** Repair of palate for baby with cleft palate should be attempted at
- (1) 3 months
 - (2) 6 months
 - (3) 12 months
 - (4) 18 months
- 54.** Hypospadias arise when position of urethra on phallus is on
- (1) Ventral aspect
 - (2) Dorsal aspect
 - (3) Lateral aspect
 - (4) Surface

55. Presence of cyanosis not improving with oxygen suggests
- (1) Atrial septal defect
 - (2) Ventricular septal defect
 - (3) Tetralogy of Fallot
 - (4) Club foot
56. Diagnostic method which detects cancer cells on basis of Tumor markers is called
- (1) Biochemical Evaluation
 - (2) Pathological Evaluation
 - (3) Radiological Evaluation
 - (4) Immunological Evaluation
57. Chemotherapy is curative in one of the following cancers :
- (1) Hodgkin's cancer
 - (2) Breast cancer
 - (3) Ovarian cancer
 - (4) Colorectal cancer
58. Varieties of Cervical cancer vaccine available in India are
- (1) One
 - (2) Two
 - (3) Three
 - (4) Four
59. Dose of Vitamin K in neonates with birth weight less than 1000 g is
- | | |
|------------|------------|
| (1) 1 mg | (2) 0.5 mg |
| (3) 1.5 mg | (4) 2 mg |
60. WHO's six cleans **do not** include one of the following :
- (1) Clean delivery
 - (2) Clean attendant's hands
 - (3) Clean string to tie cord
 - (4) Clean hospital for delivery

- 61.** At time of birth, prevention of heat loss can be done by
- (1) Avoiding drying
 - (2) Eliminating wrapping
 - (3) Placing baby in separate room
 - (4) Breastfeeding as early as possible
- 62.** Meaning of word “Triage” is
- (1) Select
 - (2) Scared
 - (3) Similar
 - (4) Socialize
- 63.** Transitional stools in Newborns are witnessed on
- | | |
|-------------------------|-------------------------|
| (1) 1 st day | (2) 3 rd day |
| (3) 4 th day | (4) 7 th day |
- 64.** Shingles occurs with reactivation of which of these viruses ?
- (1) Herpes
 - (2) Varicella Zoster
 - (3) Streptococcus
 - (4) Malassezia
- 65.** All among the following indicate local Bacterial Infection *except* :
- (1) Convulsions
 - (2) Red Umbilicus
 - (3) Pus from ear
 - (4) Less than 10 skin pustules
- 66.** Fast breathing for children of 2 to 12 months occurs when breathing rate is
- (1) 10 breaths/minute
 - (2) 50 breaths/minute
 - (3) 40 breaths/minute
 - (4) 25 breaths/minute

- 67.** Anterior fontanelle closes at age of
- (1) 6 months
 - (2) 18 months
 - (3) 20 months
 - (4) 24 months
- 68.** Some palmar pallor in an infant indicates
- (1) Severe Anemia
 - (2) No Anemia
 - (3) Profound Anemia
 - (4) Mild Anemia
- 69.** The best treatment for children suffering from diarrhea with dehydration is
- (1) ORS
 - (2) Boiled water
 - (3) Glucon D
 - (4) Balanced diet
- 70.** All of the following are reasons for low immunization coverage *except*
- (1) Drop-out
 - (2) Lack of production
 - (3) Resistance of people
 - (4) Fear of side reactions

SPACE FOR ROUGH WORK