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MCFTE-002

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY (MSCCFT)**

Term-End Examination

December, 2020

**MCFTE-002 : CHILD AND ADOLESCENT
COUNSELLING AND FAMILY THERAPY**

Time : 2 Hours

Maximum Marks : 50

Note : Answer *three* questions in all. Question No.
1 is compulsory.

1. Write short notes on any *two* of the following :

10×2=20

- (a) Effect of internet on physical health of children
- (b) Impact of dysfunctional family on the child

- (c) Projective tests for children
 - (d) Types of core life skills
 - (e) Need for training parents of children with disabilities
2. What is play therapy ? With the help of a case illustration, explain the use of play therapy for young girl child. 15
3. Suppose an adolescent displaying aggressive behaviour comes with his parents to you; a counsellor and family therapist in the school. Write in detail how would you help this adolescent by applying CBT. 15
4. Explain the downward spiral of child vulnerability. With the help of examples, differentiate between rehabilitation and prevention when dealing with children, who are in vulnerable situations. 15

[3]

5. As a counsellor and family therapist, what practical strategies would you suggest to regulate effects of media among both children and adolescents ? Support your answer with examples. 15