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MCFTE-001

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY (MSCCFT)**

Term-End Examination

December, 2020

**MCFTE-001 : MARITAL AND FAMILY THERAPY
AND COUNSELLING**

Time : 2 Hours

Maximum Marks : 50

Note : Answer *three* questions in all. Question

No. 1 is compulsory.

1. What are the guidelines to be kept in mind when interviewing during a family session ? Explain with the help of a case example. 20

Or

With the help of a case example, discuss the situations in family and marital counselling/therapy when individual or concurrent sessions need to be held.

Or

With the help of a case study, explain how would you use and apply circular questioning in couple therapy.

2. Explain the terms 'sex therapy' and 'sensate focus'. Discuss when intervention through sensate focus approach is required. Describe the process of sensate focus. 15
3. Describe the process of restructuring interactions between partners in emotion focused couples therapy. 15
4. List the advantages, disadvantages and characteristics of a self-report scale. Explain any *two* self-report scales used in family assessment. 15

[3]

5. Write short notes on any *three* of the following :

3×5=15

- (a) Hypothesizing
- (b) Ethics in using self-report scales
- (c) Informed consent
- (d) Anxious attachment
- (e) Secondary emotions