

**MASTER OF SCIENCE IN COUNSELLING
AND FAMILY THERAPY / POST GRADUATE
DIPLOMA IN COUNSELLING AND FAMILY
THERAPY (MSCCFT/PGDCFT)**

Term-End Examination

February, 2021

**MCFT-001 : HUMAN DEVELOPMENT AND
FAMILY RELATIONSHIPS**

Time : 3 hours

Maximum Marks : 100

Note :

*Answer any **five** questions.*

All questions carry equal marks.

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1. Describe, giving examples, the characteristics of human development. 20
 2. Explain the process of childbirth and the complications that can occur during this process. 20
 3. Discuss the challenges faced by 10+10=20
 - (i) adoptive families.
 - (ii) migrant families.

4. State the theoretical approaches and basic assumptions of family development theory. Giving examples, explain the application of this theoretical framework. 20
5. List the possible sources of stress for a child bearing family. Explain, with the help of examples, the role of the extended family in dealing with the stressors. 20
6. Describe the development characteristics of preschool children. What advice would you give to parents of preschoolers regarding activities to promote their development ? 20
7. Discuss the disciplinary techniques that you would recommend for middle school children. 20
8. Analyse the challenges and emerging issues faced by launching families. 20
9. Write short notes, in about 150 words each, on any **four** of the following : 4×5=20
 - (i) Autosomal disorders
 - (ii) Patriarchy
 - (iii) Id
 - (iv) Importance of parent-teacher cooperation
 - (v) Emotional vicissitudes during adolescence
