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MCFT-007

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY (MSCCFT)**

Term-End Examination

December, 2020

**MCFT-007 : COUNSELLING AND FAMILY
THERAPY : APPLICATIONS AND INTERVENTIONS**

Time : 3 Hours

Maximum Marks : 100

Note : Attempt any **five** questions. All questions
carry equal marks.

1. Write briefly on any *two* of the following :

10×2=20

(a) Ethical issues arising within the
counsellor/family therapist

- (b) Parenting styles
 - (c) Gender issues in counselling
 - (d) Conditions in which counselling and family therapy helps
2. With the help of examples, discuss the causes of school difficulties among young children. 20
3. What are the issues to be considered when the counsellor/family therapist deals with same-sex couples where one or both partners are HIV positive ? Explain with the help of a case example. 20
4. Discuss the main characteristics of the traditional Indian family. Critically discuss the problems seen in extended/joint families. Support your answer with examples. 20

5. Explain the role of counsellor in helping family members of substance disorder families. Discuss the protective factors within the substance disorder families. 20
6. A 13 year old girl comes to you with presenting complaints of not being able to adjust to new school and feeling low and you see lots of cut-marks on her wrists. As a counsellor/family therapist, how would you react ? Explain, how would you help to manage the issue/problem. 20
7. Describe how as a counsellor and family therapist, you would provide psychosocial support to adults in disasters. 20
8. Discuss the role of therapy in helping adolescent patients get over with sexual abuse memories of childhood. 20

9. Write short notes on any *four* of the following :

- (a) Stress according to Yoga
- (b) Karmayogi
- (c) Dementia
- (d) Eating disorders
- (e) Management of mental retardation
- (f) Sexual orientation
- (g) Adjusting to single life