

**MASTER OF SCIENCE IN COUNSELLING AND  
FAMILY THERAPY**

**Term-End Examination,**

**December 2019**

**MCFTE-002 : CHILD AND ADOLESCENT  
COUNSELLING AND FAMILY THERAPY**

*Time : 2 Hours]*

*[Maximum Marks : 50*

---

*Note : (i) Answer three questions in all.*

*(ii) Question No. 1 is Compulsory.*

---

1. Explain the impact of child abuse, neglect and trauma on children with special reference to child sexual abuse. Give suitable examples. 20

**OR**

'Media has both positive and negative effects on the health and minds of children and adolescents'. Do you agree with this statement? Give reasons to support your answer. Outline strategies that can be used by teachers and parents to regulate the effect of media. 20

**OR**

Explain any ten strategies that can be used to manage trauma and abuse in children. 20

2. Discuss the need for training parents of children and adolescents with disabilities. Explain any two models of parent training. 15

(2)

3. Describe the process of cognitive behaviour therapy for childhood disorders. Give an example to support your answer. 15
4. What factors do we consider while judging vulnerability of children? Why is resilience important among children? 15
5. What is Psychological assessment? Why do we need psychological assessment for children and how is it different from that of adults? 15

