

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

Term-End Examination,

December 2019

**MCFTE-001 : MARITAL AND FAMILY THERAPY
AND COUNSELLING**

Time : 2 Hours

[Maximum Marks : 50

*Note : (i) Answer **three** questions in **all**.*

*(ii) Question No. 1 is **Compulsory**.*

1. Write short notes in about **150** words each, on **any four** of the following : 4×5=20
 - a) Neutrality
 - b) Types of circular questions
 - c) Self report scale
 - d) Contraindications for EFT with couples
 - e) Precautions in sex therapy
 - f) Stop-Start technique

2. With the help of examples, discuss marital difficulties of Asian couples and explain the common areas of marital difficulties. 15

3. What are the guidelines for counsellors for conducting marital enrichment? Explain why marital enrichment is typically conducted for couples in the initial stages of marital life. 15

(2)

4. With the help of a session transcript, reflect upon the process of assessment of the couple relationship. 15
5. Discuss characteristics and utility of Self report scales. Describe any two family assessment self report scales. 15

