

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

Term-End Examination, 2019

**MCFT-007 : COUNSELLING AND FAMILY THERAPY
APPLICATIONS AND INTERVENTIONS**

Time : 3 Hours

Maximum Marks : 100

Note : Answer any five questions. All questions carry equal marks.

1. How does joint family influence the personal domain of individual members ? Critically explain with the help of case study. [20]
2. What is the difference between sex and gender ? Explain the concept of "coming out" process and its effect in and on the family. [20]
3. Discuss the general principles of counselling children and adolescents. What criteria would you keep in mind for critically analysing child therapies. [20]



4. Why is it important that counselling and family therapy provided in case of emotional and behavioural problems in children and adolescents be family based ? Discuss the suggestions you would give to parents of disturbed children. [20]
5. Describe family's adaptation to illness. Give suitable examples to support your answer. [20]
6. What are the essential skills required to counsel families dealing with HIV/AIDS ? [20]
7. Discuss various categories of traumatic experiences/ disasters. Discuss response of children to disaster. [20]
8. Describe mental health problems prevalent among older people. [20]
9. Write short notes on **any four** of the following : [4×5=20]
 - (a) Pranayama
 - (b) Components of karma yoga
 - (c) Disaster risk management
 - (d) Utilizing rituals

- (e) Play therapy
- (f) Communication
- (g) Dysfunctional triangles

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