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MCFT-006

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY
(MSCCFT)**

**Term-End Examination
December, 2019**

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 Hours

Maximum Marks : 100

*Note : Attempt any five questions. All questions
carry equal marks.*

1. Define schemas. Explain different types of schemas. Discuss the impact of schemas on social cognition. Support your answer with relevant examples. 20

2. Describe ecological systems theory. Discuss the application of this theory in the context of counselling and family therapy. 20
3. Explain meaning of emotions. With the help of examples. Critically analyse, how emotions and well-being are related. 20
4. What factors affect well-being ? Give examples to support your answer. Explain, how well-being can be promoted in adverse environment. 20
5. What are conflicts ? Discuss various types of conflicts and their effects on family cohesion. 20
6. Differentiate between verbal and non-verbal communication. Discuss the role of verbal and non-verbal communication in interpersonal communications. 20
7. Discuss the needs of reconstituted individuals in India. Support your answer with examples.

8. Discuss the factors which influence mate selection in India. Critically analyse the changes in mate selection. 20
9. Write short notes, in about 150 words each, on any *four* of the following : 4×5=20
- (a) Sexual orientation
 - (b) Tips for anger management
 - (c) Empathic listening
 - (d) Avoidance-avoidance conflict
 - (e) Cognitive restructuring
 - (f) Self-efficacy
 - (g) Event schemas