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MCFT-002

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY/POST GRADUATE DIPLOMA
IN COUNSELLING AND FAMILY THERAPY
(MSCCFT/PGDCFT)**

Term-End Examination, 2019

MCFT-002 : MENTAL HEALTH AND DISORDERS

Time : 3 Hours]

[Maximum Marks : 100

Note : Answer any five questions. All questions carry equal marks.

1. Explain models of stress. Discuss the interventions that you would suggest for a XII standard student who is highly stressed about his future prospects. [20]
2. Suppose you are working with patients suffering from chronic renal failure. Describe the psychiatric disorders that they are likely to suffer. [20]
3. State the clinical features of a common mood disorder. Explain the psychosocial treatment and therapies that are recommended to manage it. [20]

4. Discuss the biological and environmental factors associated with substance use. Give examples to support your answer. [20]
5. Differentiate between neurotic and psychotic disorders. Briefly describe the major anxiety disorders which are classified under neurotic disorders. [20]
6. Explain "Paranoid Personality Disorder" and "Borderline Personality Disorder". Describe the role of early childhood experiences and family environment in the development of personality disorders. [20]
7. State causes of hearing impairment. How can hearing impairment in a young child be identified? Discuss interventions needed with respect to children with hearing impairment. [20]
8. Explain the goals and guiding principles of psychosocial rehabilitation of individuals with mental illness. [20]
9. Write short notes on **any four** of the following : [5×4=20]
 - (a) The biological model of mental health
 - (b) Features of depression

- (c) Autism
- (d) OCD
- (e) Club foot

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