

POST GRADUATE DIPLOMA IN MENTAL HEALTH (PGDMH)

Term-End Examination

December, 2019

MPC-053 : MENTAL HEALTH IN SPECIAL AREAS

Time : 3 hours

Maximum Marks : 100

Note : All Sections are compulsory.

SECTION - A

Answer any two of the following questions in about 600 words each : 2x20=40

1. Explain the concept of marriage. Discuss the issues in marital relationship affecting mental health. 6+14
2. What is deliberate self harm ? Discuss its management. 4+16
3. Discuss the general techniques for the management and prevention of problem behaviour in school children. 20

SECTION - B

Answer any five of the following questions in about 250 words each : 5x10=50

4. Discuss the management of cognitive disorders in the elderly. 10
5. Differentiate between conduct disorder and oppositional defiant disorder. 10
6. Explain motivational enhancement therapy. 10
7. Discuss the factors related to the changing world of work that can have an impact on workplace mental health. 10
8. Describe concept and steps of functional behavioural assessment. 10
9. Discuss interventions for behavioural addictions. 10

SECTION - C

Write short notes on **any two** of the following in about 100 words each :

2x5=10

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| 10. Delirium | 5 |
| 11. Yerkes-Dodson Law | 5 |
| 12. Tourette's Syndrome | 5 |