

POST GRADUATE DIPLOMA IN MENTAL HEALTH (PGDMH)

Term-End Examination

December, 2019

MPC-052 : MENTAL DISORDERS

Time : 3 hours

Maximum Marks : 100

Note : All Sections are compulsory.

SECTION - A

Answer any two of the following questions in about 600 words each : 2x20=40

1. Discuss the epidemiological studies of psychiatric disorders in India including trans-cultural and clinical epidemiology. 20
2. Define the course and outcome of mental disorders in general and specifically of psychotic disorders. 10+10
3. Delineate the objectives and types of psychological assessment. Elucidate the neurocognitive assessment. 10+10

SECTION - B.

Answer any five of the following in about 250 words each : 5x10=50

4. Elucidate the clinical features and treatment of panic disorder and phobic anxiety disorder. 5+5
5. Describe clinical features of sleep disorders. Suggest measures for treatment. 5+5
6. Discuss global burden due to mental illness. 10
7. Discuss stigma and discrimination in regard to mental disorders. Describe the economic cost of mental illness. 5+5

8. Elucidate the tests that are used in psychological assessment of children and indicate the problems in administration of tests. 7+3
9. Explain the steps in mental health assessment (status). Describe how to conduct Mental Status Examination of an unco-operative patient. 5+5

SECTION - C

Write short notes on any two from the following questions in about 100 words each :

10. Cognitive - Behaviour therapy for depression 2x5=10
5
 11. Types of epidemiological studies 5
 12. Persistent delusional disorder 5
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