

**POST BASIC BACHELOR OF SCIENCE
(NURSING) B.Sc. (N) (PB)**

Term-End Examination

December, 2018

00555

BNS-108 : MENTAL HEALTH NURSING

Time : 3 hours

Maximum Marks : 70

Note : Attempt all questions. Attempt all parts of a question at one place.

1. (a) Define Obsessive Compulsive Disorder (OCD).
(b) List the common obsessions and compulsions.
(c) Discuss the nursing management of a client with OCD of repeated hand washing. $3+4+8=15$

2. Mr. X, a 16-year-old boy is admitted in the Psychiatry ward. He is elated, overactive, talks excessively and says he has a lot of powers. He is diagnosed as a case of mania.
(a) Describe briefly the various stages of mania.
(b) Write about the drugs used to treat mania.
(c) Discuss the nursing management of Mr. X keeping the nursing process in mind. $3+4+8=15$

3. Discuss the role of a nurse in any **three** of the following : $3 \times 5 = 15$
- (a) Primary prevention of mental illness
 - (b) Administration of antipsychotics
 - (c) Management of patient with narcotic withdrawal
 - (d) Management of patient with anxiety disorders
4. Write short notes on any **four** of the following : $4 \times 5 = 20$
- (a) Challenges in Mental Health Nursing
 - (b) Bedwetting (Enuresis)
 - (c) Disorders of Content of Thought
 - (d) Therapeutic Communication Techniques
 - (e) Approaches used to show acceptance of Patient's Behaviour
5. Fill in the blanks : $5 \times 1 = 5$
- (a) The first systematic theory in Psychiatric Nursing was published by _____.
 - (b) Placing blame for one's own difficulties upon others or attributing one's own unethical desires to others is called _____.
 - (c) A mechanism of transferring emotional feeling to persons or objects who are less dangerous is called _____.
 - (d) Perception without object is called _____.
 - (e) Constantly maintained immobility of position is called _____.