

**CERTIFICATE IN COMMUNITY HEALTH FOR
NURSES (BPCCHN)**

01231

Term-End Examination

December, 2017

**BNS-042 : PRIMARY HEALTH CARE IN COMMON
CONDITIONS**

Time : 3 hours

Maximum Marks : 70

*Note : Attempt **all** questions. Attempt all parts of a question at one place.*

1. Sohan Lal attended your health centre with the complaint of discomfort in the chest. You suspected it to be a case of heart attack. In the light of this, answer the following : $1+5+3+6=15$
- Define Heart Attack.
 - Explain the warning signs and symptoms of a heart attack that you will assess in Sohan Lal.
 - Discuss the immediate management of a patient with heart attack at first level contact with you.
 - Describe your role as a health worker in prevention and management of heart disease.

2. Seema Devi, a primigravida, has been admitted with the complaint of frequent contractions and is diagnosed to be in true labour. In the light of this, answer the following : $4+3+4+4=15$

- (a) Explain the stages of labour.
- (b) Differentiate between true labour pains and false labour pains.
- (c) Explain the steps you will follow to plot a partograph.
- (d) Describe management of Seema Devi during the first stage of labour.

3. Rama Devi, delivered a normal baby at 37 weeks of gestation. In the light of this, answer the following :

- (a) Explain the immediate care of the newborn baby at birth.
- (b) List the danger signs that you would assess in a newborn. $7+3=10$

4. (a) List the common congenital malformations/ birth defects.

- (b) Explain in detail about any one of the malformations. $4+6=10$

5. Write short notes on any *four* of the following : 4×5=20

- (a) First Aid Management of Burns
 - (b) Constituents of Oral Rehydration Solution (ORS)
 - (c) Lactational Amenorrhea Method
 - (d) Family Planning Counselling
 - (e) First Aid Management in Drowning
 - (f) Prevention of Cancer
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