

00433 MASTER OF SCIENCE IN COUNSELLING AND  
FAMILY THERAPY

Term-End Examination

December, 2017

MCFTE-003 : SUBSTANCE ABUSE COUNSELLING  
AND FAMILY THERAPY

Time : 2 hours

Maximum Marks : 50

Note : (i) Answer three questions in all.

(ii) Question no. 1 is compulsory.

1. Explain any four of the following in about 150 words each : 4x5=20
  - (a) Family disease model in substance abuse
  - (b) NSPs
  - (c) Psycho education
  - (d) Self Help approach
  - (e) Brief strategic family therapy
  - (f) Managing craving
  
2. With the help of a case illustration, discuss how as a counsellor and family therapist you would help an individual who is trying to give up alcohol restore back to his healthy family relationships. 15
  
3. Describe the potential high risk situations that would lead to relapse of substance use. 15

4. Explain why the use of IDUs is considered as high risk rendering the individual vulnerable to harmful diseases. 15
  
  5. "Prevention is better than cure." Discuss this statement in light of adolescents' use of substances. Outline the risk and protective factors involved with adolescents in use of drugs. 15
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