

00583

**MASTER OF SCIENCE IN COUNSELLING AND  
FAMILY THERAPY**

**Term-End Examination**

**December, 2017**

**MCFTE-002 : CHILD AND ADOLESCENT  
COUNSELLING AND FAMILY THERAPY**

*Time : 2 hours*

*Maximum Marks : 50*

*Note : (i) Answer three questions in all.*

*(ii) Question No. 1 is compulsory.*

1. How does the peer group act as an important influence on developing children and adolescents? Discuss with the help of examples. 20

**OR**

As a counsellor/family therapist, what interventions would you focus on with respect to children with disabilities, and their families.

**OR**

"Play helps in the overall development of the child". Do you agree with this statement? Give reasons and examples to substantiate your answer.

2. Discuss the psychological effects of mass media on children and adolescents. 15
3. Explain any five cognitive and behavioural interventions that can be used in the management of psychiatric disorders in children and adolescents. 15

4. Why is it important for children and adolescents to develop life skills ? How can we enhance their ability to cope with stress and emotions ? 15
5. Write short notes on **any three** of the following : 5x3=15
- (a) Cooperative learning
  - (b) Importance of resilience
  - (c) Children Apperception Test
  - (d) Symptoms of being traumatized
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