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**MASTER OF SCIENCE IN COUNSELLING AND  
FAMILY THERAPY / POST GRADUATE  
DIPLOMA IN COUNSELLING AND FAMILY  
THERAPY**

**Term-End Examination**

**December, 2017**

**MCFT-001 : HUMAN DEVELOPMENT AND FAMILY  
RELATIONSHIPS**

*Time : 3 hours*

*Maximum Marks : 100*

*Note : Answer any five questions. All questions carry equal marks.*

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1. (a) Describe any five characteristics of human development 10  
(b) In your opinion, is development governed by nature, nurture, or both (nature and nurture) ? Give examples to illustrate your answer. 10
2. (a) Describe the stages of psychosexual development. 10  
(b) State the major limitations and applications of Freud's psychoanalytic theory. 10
3. With the help of examples, explain the likely sources of stress and conflict in: 10+10=20  
(a) Childless families  
(b) Dual earner families

4. (a) Outline the complementary theoretical approaches that comprise the developmental family theory. 10
- (b) State the primary assumptions of developmental theory. Give examples to illustrate the application of the same, in everyday life. 10
5. (a) Describe the developmental characteristics of preschool children. 10
- (b) How can parents and significant others promote development of preschool children? Explain with the help of examples of activities and opportunities that may be provided to the children. 10
6. Discuss the domains of adjustment in the beginning family stage. 20
7. Critically analyse the challenges and emerging issues that families with elementary and middle school children are faced with, in the present day Indian context. Give examples to support your answer. 20
8. Describe Vygotsky's social cognitive theory. With the help of examples, explain how this theory is useful in day-to-day life. 20
9. Write short notes on **any four** of the following : 4x5=20
- (a) Autonomy versus shame and doubt
- (b) Harlow's attachment theory
- (c) Teratogens
- (d) Generation gap
- (e) Resilient families
- (f) Caregiver stress and burnout