

**CERTIFICATE IN ADOLESCENT
HEALTH AND COUNSELLING
(CAHC)**

**Term-End Examination
December, 2016**

00283

**CNS-AH-002 : ISSUES AND CHALLENGES
DURING ADOLESCENCE**

Time : 3 hours

Maximum Marks : 70

Note : (i) *Attempt **all** questions.*
(ii) *Support your answers with examples.*

1. (a) Define health and hygiene.

(b) Explain the factors influencing health.

(c) Discuss your role as a teacher/parent in maintaining environmental hygiene. $2+5+8=15$

2. Explain the various factors responsible for stress among adolescents. 10

3. (a) Define AIDS and its modes of transmission.
- (b) Explain the prevention strategies for HIV/AIDS.
- (c) Discuss the role of a teacher in creating awareness about AIDS in adolescents. $3+7+5=15$
4. (a) Explain the meaning of communication.
- (b) Enumerate the barriers of communication and explain the skills of a teacher for effective communication. $2+4+4=10$
5. Write short notes on any **four** of the following : $4 \times 5 = 20$
- (a) Balanced Nutrition for Adolescents
- (b) Role of Teacher in Identification of Signs of Depression and Suicide
- (c) Primary Prevention Programmes for Prevention of Violence
- (d) Components of Life Skills
- (e) Role of Teacher in Scholastic Issues
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