

**MASTER OF SCIENCE IN COUNSELLING AND  
FAMILY THERAPY**

**Term-End Examination**

**December, 2016**

**MCFTE-003 : SUBSTANCE ABUSE COUNSELLING  
AND FAMILY THERAPY**

*Time : 2 hours*

*Maximum Marks : 50*

*Note : (i) Answer three questions in all.*

*(ii) Question no. 1 is compulsory.*

1. Write short notes on any four of the following : 4x5=20
  - (a) High risk sexual behaviour among substance users.
  - (b) Promotion of safer sexual practices among substance users.
  - (c) Barriers to help seeking amongst women.
  - (d) Network therapy
  - (e) Principles of RPT (Relapse Prevention Therapy.)
  - (f) Managing occupational rehabilitation intervention.
  
2. Explain the 5'R's approach for tobacco cessation. 15  
Mention any three withdrawal symptoms of tobacco containing products.
  
3. Discuss any three approaches to family therapy 15  
used for persons with substance use.

4. Discuss family issues in substance abuse from a life-span approach. 15
  5. With the help of examples, discuss the factors associated with substance abuse in women. 15
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