

**MASTER OF SCIENCE IN COUNSELLING AND  
FAMILY THERAPY**

**Term-End Examination**

**December, 2016**

**MCFT-007 : COUNSELLING AND FAMILY  
THERAPY APPLICATIONS AND  
INTERVENTIONS**

*Time : 3 hours*

*Maximum Marks : 100*

*Note : Answer any five questions. All questions carry  
equal marks.*

1. (a) Critically evaluate effectiveness of child therapies. 10  
(b) Outline any five conditions in which counselling and family therapy is likely to be effective among Indian children and adolescents. 10
2. With the help of a case vignette, describe how you would use parenting skills training for parents of an emotionally disturbed child. 20
3. Analyse and differentiate the complicating factors in couple relationship between older couples and younger couples in India. Support your answer with examples. 20
4. Discuss the issues and concerns involved in intervention, in the context of cohabitation relationships. Explain with suitable examples. 20

5. As a family therapist, what would be your role when intervening with a family having a patient with chronic illness ? How would you do the assessment in this case ? Give suitable example. 20
6. Keeping in view the gender differences in mental health problems in India, critically analyse the interaction between biological and social vulnerability. Give examples to support your answer. 20
7. (a) Describe any two common mental health problems of older people. 10  
(b) As a counsellor/family therapist, what strategies would you recommend for caregiver interventions for older people. 10
8. With the help of examples, analyse the need for families to be included in intervention with reference to substance abuse. 20
9. Write short notes on **any four** of the following (in about 150 words each) : 4x5=20
- (a) Alzheimer's disease
  - (b) Gender based violence
  - (c) Diabetes
  - (d) Enmeshment
  - (e) Pink elephant in the room
  - (f) Triangulation
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