

**MASTER OF SCIENCE IN COUNSELLING AND  
FAMILY THERAPY /  
POST GRADUATE DIPLOMA IN  
COUNSELLING AND FAMILY THERAPY**

**Term-End Examination**

**December, 2016**

**MCFT-002 : MENTAL HEALTH AND DISORDERS**

*Time : 3 hours*

*Maximum Marks : 100*

*Note : (i) Answer five questions in all.*

*(ii) Question No. 1 is compulsory.*

1. Explain any four of the following in about 150 words each : 4x5=20
  - (a) Positive mental health
  - (b) Dementia
  - (c) Hallucinations
  - (d) Dialectical Behaviour Therapy
  - (e) Delirium
  - (f) Mental status examination
  - (g) Treatment of chronic physical illness among individuals with obsessional personality
  
2. Define each of the following in 2 - 3 sentences only : 10x2=20
  - (a) Neurosis
  - (b) Genetic counselling
  - (c) Dependent personality disorder

- (d) Poliomyelitis
  - (e) Psychiatric disability
  - (f) Anoxia
  - (g) Visual impairment
  - (h) ADHD
  - (i) Mood
  - (j) Separation anxiety disorder
3. How would you define stress ? Describe the different models and theories of stress. **20**
4. (a) With the help of examples, differentiate between impairment, disability, and handicap. **10**
- (b) Discuss the importance of early identification and assessment of hearing impairment in our country. **10**
5. As a family therapist, discuss how would you assess a patient with cognitive disorder. **20**
6. Explain the Psychosocial treatment of **any two** of the following : **10x2=20**
- (a) Bipolar disorder
  - (b) Dementia
  - (c) Schizophrenia
7. (a) Describe the consequences of chronic illness with example. **10**
- (b) Discuss the impact of stress or psychiatric symptoms in a patient suffering from skin disorders. **10**

8. (a) Explain the characteristics of obsessions and compulsions. 5+5=10
- (b) Discuss the use of cognitive restructuring technique to treat a patient suffering from OCD. 10
9. Write short notes on any two of the following :
- (a) Association of early childhood experiences with personality disorders 10x2=20
- (b) Impact of depression on the individual
- (c) Defense mechanisms
- (d) District Mental Health Programme
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