

01274

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY / POST GRADUATE
DIPLOMA IN COUNSELLING AND FAMILY
THERAPY**

Term-End Examination

December, 2016

**MCFT-001 : HUMAN DEVELOPMENT AND FAMILY
RELATIONSHIPS**

Time : 3 hours

Maximum Marks : 100

Note : Answer any five questions. All questions carry equal marks.

1. Discuss the diversity in India in terms of different forms of family and marriage - in the traditional context as well as the present day context. **20**
2. Explain the assumptions, principles, concepts and empirical applications of systems theory. **5+5+5+5=20**
3. Define the following in 2 - 3 sentences each : **10x2=20**
 - (a) Emotional stressors
 - (b) Sandwich generation
 - (c) Foetal alcohol syndrome
 - (d) Id

- (e) Socialisation
 - (f) Marital coalition
 - (g) *Brahmacharya*
 - (h) Trust versus mistrust
 - (i) Haemophilia
 - (j) Modernisation
4. (a) What do you mean by family life cycle? List its various stages. **5**
- (b) Discuss, giving examples, the sources of stress and emerging issues in families with teenagers. **15**
5. In contemporary times, analyse the significance of **any two** of the following : **10+10=20**
- (a) Educational attainment for women
 - (b) Marriage as the traditional marker for launching of girls in India
 - (c) Widening the family circle during the middle years of life
6. Explain any one humanistic theory in detail. Discuss its relevance and application in the present times. **15+5=20**
7. Discuss the roles and responsibilities of mother, father, extended family and community in taking care of infants/young children, in the region you belong to. **20**

8. (a) What, in your opinion, is successful ageing? 5
- (b) Critically analyse and discuss the issues and concerns that need to be looked into for promoting healthy ageing, in the Indian context. Give examples to support your answer. 15
9. (a) Describe the psycho sexual stages of personality development. 10
- (b) Analyse, giving examples, the applications and limitations of Freud's psychoanalytic theory, in the Indian context. 10
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