

**MASTER'S DEGREE IN SOCIAL WORK
(COUNSELLING)**

Term-End Examination

December, 2016

MSW-015 : BASICS OF COUNSELLING

Time : 3 hours

Maximum Marks : 100

- Note :** (i) *Answer all the five questions.*
(ii) *All questions carry equal marks.*
(iii) *Answer to questions 1 and 2 should not exceed 600 words each.*

1. Define counselling. Explain the need and scope of counselling. 20

OR

What are the fundamental strategies that strengthen effective supportive therapy with mentally ill individuals? 20

2. Discuss the laws related to counselling. 20

OR

Explain the importance of play therapy in dealing with children with disabilities. 20

3. Answer any two of the following questions in about 300 words each :

(a) Differentiate between counselling and Psychotherapy. 10

(b) Discuss the current trends in counselling. 10

(c) Enlist various aspects of play therapy with children. 10

(d) Explain Psychoanalytic approaches of counselling. 10

4. Answer **any four** of the following questions in about 200 words each :
- (a) Highlight the need and scope of counselling. 5
 - (b) Explain the concept of 'positive regard'. 5
 - (c) Discuss the limitations of ethical codes. 5
 - (d) What are the legal challenges encountered by counsellors ? 5
 - (e) Enlist the steps in Marital Counselling. 5
 - (f) Explain the purpose of interviewing. 5
5. Write short notes on **any five** of the following questions in about 100 words each :
- (a) Goals of Counselling 4
 - (b) The Right to Informed Consent 4
 - (c) Factors influencing counselling process 4
 - (d) Civil and Criminal Liability 4
 - (e) Techniques of supportive therapy 4
 - (f) Strengths of Gestalt counselling 4
 - (g) Role of play therapist 4
 - (h) Relationship 4
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