

**BACHELOR'S DEGREE PROGRAMME (BDP)  
(B.A. PSYCHOLOGY)**

**Term-End Examination**

**December, 2016**

**BPCE-017 : INTRODUCTION TO COUNSELLING  
PSYCHOLOGY**

*Time : 2 hours*

*Maximum Marks : 50*

*Note : All sections are compulsory.*

**SECTION - A**

Answer **any two** of the following questions in about  
500 words each : **2x10=20**

1. Compare and contrast behaviour theory and cognitive theory of counselling. 10
2. Explain the developmental models of family life. 10
3. Describe the stages of the counselling process. 10
4. What is family counselling process ? Discuss. 10

**SECTION - B**

Answer **any four** of the following questions in about  
300 words each : **4x6=24**

5. Describe the different therapeutic activities used for counselling children. 6
6. Discuss the theoretical antecedents of family counselling. 6

7. Explain the various barriers to communication in counselling. 6
8. Elaborate the core dimensions of an effective counsellor. 6
9. Discuss the counselling needs of children with Attention-deficit and Hyperactivity Disorder (ADHD). 6

### SECTION - C

Write short notes on **any two** of the following in about 100 words each : 2x3=6

10. Use of counselling skills by professionals other than counselling psychologists 3
  11. Empty chair technique in family counselling 3
  12. Super ego 3
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