

**CERTIFICATE PROGRAMME IN  
FUNCTIONAL ENGLISH (CFE)**

**Term-End Examination**

02324

**December, 2016**

**BEG-004 : ENGLISH IN DAILY LIFE**

*Time : 3 hours*

*Maximum Marks : 100*

**Note ; All questions are compulsory.**

1. Read the following passage and answer the questions given below it :

Massage can be a natural tranquilizer. It has been used in virtually every culture throughout history to relieve aches and pains, unknot tense muscles, and help the body — and the mind — to relax. There are several types of massage, but the most popular are Oriental massage and Swedish massage. The chief difference between them is that some of the strokes in Swedish massage are designed to stimulate rather than to relax the body.

It is unfortunate that many people who might benefit from massage never try it, dismissing it as a specialized treatment for athletes or disabled people or as an unjustifiable indulgence. If you think this way, you are missing out on something enjoyable. Anyone can

learn to give massage; there is no mystique involved. It is a simple extension of warm human care and touch.

You can easily teach yourself a series of strokes that will help ease an aching neck, back, or head, or simply relieve tension at the end of an active day. Although there are parts of your body that you cannot possibly reach, you can nevertheless give yourself a relaxing massage.

Professional masseurs and masseuses offer the benefit of both skill and experience. They should be trained in anatomy and physiology so that they can identify muscles that are in spasm or painful knots that have built up by misuse of the body. Experienced professionals generally understand the requirements of the various body types and are able to choose the strokes that are beneficial for the individual. During a typical one-hour session the routine builds subtly in intensity and then subsides.

All massage is orchestrated in a series of basic strokes. Effleurage, traditionally used to begin or end a session, is a soothing, warm stroke. Petrissage is useful for locating problem areas. Kneading is a deep massage movement applied between other strokes. Friction is the strongest stroke used in relaxation massage and is the crescendo, after which the massage is gradually wound down.

Although practice is better than theory, excellent books, workshops, and courses are available. To seek out the best of these, ask one of the professional organizations. To find a qualified masseur or masseuse who is licensed by the state, enquire at the local health club, or ask your doctor or friends for recommendations.

- (a) Answer the following questions in your own words :
- (i) What is meant by the statement "Massage can be a natural tranquilizer" ? 2
  - (ii) What is the difference between a Swedish and an Oriental massage ? 2
  - (iii) Why do many people never try a massage ? 2
  - (iv) Professional masseurs know which type of massage to give a person because \_\_\_\_\_ . 2
  - (v) List four most important qualities of a good masseur. 2

(b) State whether the following statements are *True* or *False* :

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- (i) A massage helps only the body to relax.
- (ii) Only professionals can give a massage.
- (iii) Effleurage stroke is used at the beginning and end of a session.
- (iv) The strongest stroke in a relaxation massage is 'friction'.
- (v) A typical massage is for one hour.

- (c)
- (i) Find out a word from paragraph 1 which means the opposite of 'increase'.
  - (ii) Find out a word from paragraph 1 which is the opposite of 'stimulant'.
  - (iii) Find out a word from paragraph 2 which is the opposite of 'general'.
  - (iv) What does the word 'mystique' in paragraph 2 mean ?
  - (v) The expression 'relieve tension' means \_\_\_\_\_ .

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2. Fill in the blanks with correct conjunctions given in the brackets :

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- (a) I have been preparing for this exam \_\_\_\_\_ (since/for) six hours.
- (b) \_\_\_\_\_ Gaurav is weak in English, he is preparing for International English Olympiad. (Though/Yet)
- (c) It is difficult to say \_\_\_\_\_ (still/why) he has resigned from his job.
- (d) The jail authorities have not said \_\_\_\_\_ (when/how) three hard core criminals have escaped last night.
- (e) Sonakshi informed her team-mates \_\_\_\_\_ (if/that) the old team members will continue for the rest of the matches.

3. Fill in the blanks with the right word from the list given below :

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reliable, success, announced, experience, confession

- (a) Dev has made a \_\_\_\_\_ about cheating in exams.
- (b) There are many books that claim sure \_\_\_\_\_ in the exams.
- (c) So many chemists have \_\_\_\_\_ 10% discount on cash purchase.
- (d) Any forecast made by the MET Department is quite \_\_\_\_\_.
- (e) Sunny was asked to give an account of his \_\_\_\_\_ as a mountaineer.

4. Fill in the blanks in the given paragraph with the correct forms of the verbs given in brackets : 10

I am sure elders (i) (understand) our problems and (ii) (provide) solutions. Their suggestions (iii) (set) the young ones on the right path. Let the young ones (iv) (discuss) their problems and (v) (seek) solutions from each other. The unrest among them (vi) (root) in the communication gap between the two generations.

The other day, a young man (vii) (ask) his father which profession he (viii) (choose). The father (ix) (advise) his son to do what he (x) (think) proper. This is an example of mutual understanding.

5. Rewrite the following sentences after correcting them : 5

- (a) My friends knows the secret of Roli's success.
- (b) Reena love her mother in spite of her hot temper.
- (c) I have bought the new car.
- (d) She have been living in that street since 2012.
- (e) This chairs are made of the finest wood available only in the Assam jungles.

6. Transform these sentences from Active to Passive Voice or vice-versa as the case may be : 5
- (a) Those walls have been painted by Manoj.
  - (b) You must keep record of the assignments submitted in English.
  - (c) Please tell me the time she is coming when.
  - (d) All the clothes were ironed by my mother.
  - (e) Saloni did not post the invitation cards.

7. You had attended the inauguration of the exhibition of paintings made by the students of secondary classes on the theme "Give due regards to Women and Girls." Write a report in about 150 words.

This report would be published in the Children's Corner of the English daily *Chunmun*. 10

8. You are a fan of one of the cricketers from the Indian team. Write a letter to one of your friends telling him/her what you think of his personality. (in 100 words) 10

9. Write an essay in about 200 words on the role of students in helping underprivileged children with their studies. 20

10. Write a dialogue between you and one of your friends (Pratibha/Prabhat) on increasing craze for using English in day-to-day affairs and its consequences. 10