

**CERTIFICATE IN ADOLESCENT
HEALTH AND COUNSELLING
(CAHC)**

Term-End Examination

December, 2014

**CNS-AH-001 : FUNDAMENTAL OF
ADOLESCENCE**

Time : 3 hours

Maximum Marks : 70

Note : (i) Attempt all questions.

(ii) Support your answers with examples.

1. (a) Define the period of adolescence as given by WHO. **3+12=15**
(b) Discuss the needs and concerns of adolescents.

2. (a) Describe the primary and secondary changes amongst adolescent boys and girls.
(b) List the tips you as a teacher/parent will discuss with adolescents about pimples. **10+5=15**

3. (a) Discuss the various sexual behaviours indulged by adolescents. **10+5=15**
(b) Explain the role of teacher/parent in developing healthy sexual attitude amongst adolescents.

4. Discuss the role of a teacher/parents in the followings : 3x5=15
- (a) Preventing pregnancy in adolescents
 - (b) Explaining the process of pregnancy
 - (c) Supporting adolescent girl during Menarche
5. Write short notes on **any two** of the following : 2x5=10
- (a) Sex and gender
 - (b) Female foeticide and infanticide
 - (c) Aspects of emotional and psychosocial changes amongst adolescents
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