

00981

**Master of Science in Counselling and Family  
Therapy**

**Term-End Examination**

**December, 2014**

**MCFTE-003 : Substance Abuse Counselling and  
Family Therapy**

*Time : 2 hours*

*Maximum Marks : 50*

**Note :** Answer *three* questions in all. Question No. 1 is *compulsory*.

1. Write short notes on **any four** of the following : **4x5=20**
- (a) Key features of motivation enhancement therapy.
  - (b) Prevention intervention in the context of substance use.
  - (c) Self help approach to treatment of substance use disorders.
  - (d) Sexual risk behaviours among substance users.
  - (e) Counselling for tobacco cessation.
  - (f) Goals of family therapy with reference to substance use.
  - (g) Psychosocial rehabilitation.

2. With the help of examples, discuss family issues in substance use disorders from a biopsychosocial perspective. 15
  3. Analyse the concept of harm reduction and the various strategies for preventing HIV among drug users. 15
  4. Discuss the interacting factors that contribute to substance use among women. 15
  5. Describe the intervention strategies and techniques that help in relapse prevention. 15
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