

**MASTER OF SCIENCE IN COUNSELLING AND  
FAMILY THERAPY**

**Term-End Examination**

**December, 2014**

**MCFTE-001 : MARITAL AND FAMILY THERAPY  
AND COUNSELLING**

*Time : 2 hours*

*Maximum Marks : 50*

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*Note : Answer **three** questions in all. Question No.1 is compulsory.*

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1. As a marital and family therapist and counsellor, 20  
how would you ensure that you maintain  
neutrality and sensitivity towards your clients ?  
Discuss with the help of examples.

**OR**

Discuss the theoretical foundations of emotion  
focused therapy.

**OR**

Describe the use of cognitive behaviour therapy  
for sexual dysfunction.

2. (a) In the context of marital/ family therapy, 5  
what is the significance of using circular  
questions in interviews ?
- (b) Explain, giving examples, the different types 10  
of circular questions that can be used.

3. Explain the precautions that should be taken in sex therapy. 15
  4. Discuss guidelines for conducting marital enrichment. Give examples to illustrate your answer. 15
  5. Write short notes on **any three** of the following :
    - (a) Initial contact versus the intervention. 3x5=15
    - (b) Advantages of Self Report Scales
    - (c) Impact of research on practice in the field of marital and family therapy and counselling
    - (d) Contraindications for EFT with couples.
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